

The Road To **Justice** Starts Here

Small enough to care, experienced enough to win.



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The Truth About
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negligence DOESN'T TAKE HOLIDAYS

Thanksgiving is a celebratory time, but busyness, chaos, and carelessness sometimes interfere with the festivities and lead to injury.

For starters, it's the most heavily traveled holiday of the year. From Wednesday prior through Sunday after, traffic congestion and people in a rush result in a sharp increase in vehicular collisions and accompanying injuries and fatalities. In addition, there's an elevated rate of drunk driving — per the National Highway Traffic Safety Administration, motorists have a 55% greater chance of encountering a drunk driver over Thanksgiving.

Slip and fall injuries rise dramatically as well. Increased customer traffic at grocery stores, retail locations, and restaurants might lead to delays in cleaning up spills, leaks, or moisture dragged in from outside. Businesses have a duty of care to clean up spills/moisture as promptly as possible, and if they can't do it immediately, the area needs to be blocked off and warnings posted.

The National Fire Protection Association says that 45% of home fire injuries and 20% of deaths are caused by cooking accidents. Unattended cooking equipment is the leading cause. Keep flammable items clear of heat sources, and use a lid, baking soda, or flour to smother a grease fire. Do not use water!

If you're deep-frying a turkey (completely thawed), do it outdoors on level ground, away from structures or building attachments such as decks and garages. Research deep-frying instructions online. This cooking method brings the flavor — and potential danger.

Food poisoning is also a holiday concern. Food needs to be stored, handled, prepared, and cooked correctly to avoid gut-wrenching illness.

If someone's negligence causes you harm over the holidays, or any other time, contact our firm to protect your rights. ■



Mediterranean turkey skillet

Servings: 4; prep time: 20 min.

Ingredients

- 1 tablespoon olive oil
- 1 small yellow onion, diced
- 3 cloves garlic, minced
- 1 lb. ground turkey (93% lean)
- 1 medium-sized zucchini, diced
- 1 can (15 oz.) chickpeas, drained
- 1 can (14 oz.) diced tomatoes
- 1½ cups frozen/precooked brown rice
- 2 teaspoons Mediterranean/Italian seasoning
- Kosher salt and pepper

For topping:

- 1/3 cup feta cheese crumbles
- 1/4 cup pistachios, shells removed and roughly chopped
- 1/4 cup fresh parsley, finely chopped
- Lemon wedges to serve



Directions

1. Heat olive oil in a large skillet with a lid over medium heat. Add the onion and garlic and cook, stirring occasionally, for 3–4 minutes.
2. Add the ground turkey and break it up with a wooden spoon or meat masher until just cooked through.
3. Add the zucchini and cook, stirring occasionally, for 3–4 minutes until the zucchini begins to soften.
4. Add the chickpeas, diced tomatoes, frozen rice, 1 teaspoon kosher salt, 1/2 teaspoon black pepper, and Mediterranean/Italian seasoning and stir to combine.
5. Pour 1/4 cup water or chicken broth over the mixture, then cover and let simmer on medium low heat for 10 minutes. If there's still too much liquid at the bottom after 10 minutes, uncover and turn the heat to medium high, stirring occasionally until the liquid has burned off. Season to taste with salt and pepper.
6. Top with feta cheese, pistachios, parsley, and a squeeze of lemon. Store in the fridge up to 4 days.

Recipe courtesy of broccyourbody.com. ■



a piece of the rock

Plymouth Rock, originally a 10-ton boulder located in Plymouth, Massachusetts, is purportedly the spot where William Bradford and the Pilgrims first set foot ashore upon departing the Mayflower in 1620.

Just one problem: There's no historical evidence for it. For starters, historians state that the Pilgrims first landed on the tip of Cape Cod — then a month later sailed to Plymouth and its safer harbors. In addition, Plymouth Rock was never mentioned in any Pilgrims' writings, including Bradford's.

In fact, the first reference to Plymouth Rock as the Pilgrims' initial landing spot occurred 121 years later, in 1741. Local residents planned to build a wharf that would have covered the boulder. An emotional 94-year-old church elder, Thomas Faunce, proclaimed Plymouth Rock the Pilgrims' stepping stone to the New World. Allegedly, his father, who arrived in Plymouth in 1623, told him directly. Most historians doubt the accuracy of the story with its reliance on secondhand accounts, believing it the stuff of folklore.

Regardless, the Rock was put through the wringer. In 1774, an attempt was made to move it. It split in two. The bottom slab was left in place. The upper one went to town, then was relocated again in 1834 to the front lawn of Pilgrim Hall Museum. Both were inundated by souvenir seekers who chipped away chunks to their hearts' content.

In 1880, the two slabs were reunited along the coast, with "1620" intricately carved onto the upper Rock's surface. Today Plymouth Rock is housed in a stylish Roman temple-like structure.

Over time, many gained a piece of the Rock, diminishing it to a third of its original size. Each year, hundreds of thousands pay homage to the grit and liberty it symbolizes. ■

a great American pastime

Approximately 2,400 hunters per year suffer firearms-related injuries, and over 6,000 fall prey to tree stand accidents (Mayo Clinic). Combined, fatalities approach 100 per year.

Despite those grim statistics, hunting has an overall lower incidence of injury than all other sports, not counting billiards — last count, there were 15+ million licensed hunters in the United States. But if negligence is involved, victims or their families should contact a personal injury attorney to attain fair injury compensation.

Firearms-related injuries are frequently attributed to mistaken identity — firing at movement or color without confirmation — negligent discharge while handling, ricochets, and poor communication between groups of hunters. Lack of training in firearms use, failing to keep the safety switch on, hunting while under the influence of alcohol or drugs, and defective guns factor in as well.

Tree stand injuries sometimes result from a hunter not wearing a safety harness while climbing (or wearing one improperly). A defective tree stand that collapses can send a hunter plummeting to earth from heights of 15 to 30 feet — inflicting serious, life-altering, or fatal injuries.

Hunting injury incidents aren't always of the obvious variety. For example, falling tree limbs are hazards. A boat may be used when hunting near bodies of water, bringing drowning into play. Some hunters utilize all-terrain vehicles (ATVs), but uneven ground or roads, carelessness, or lack of ATV experience can result in harm.

Shot deer have been known to appear dead but then catch their second wind and attack an approaching hunter. Private property owners who permit hunting on their property but don't disclose hazards they should have been aware of might be liable for injuries.

If you suffer a hunting injury due to someone's negligence, contact our firm to schedule a free consultation. ■



Jason's photo gallery



"Making memories back where it all started! We had an incredible time cheering on the Florida State Seminoles this weekend. As a proud FSU alumnus, there's nothing quite like returning to campus, feeling the energy of the crowd, and keeping traditions alive. Whether we're in the stadium or in the office, that Seminole pride runs deep! 🏈🍷"

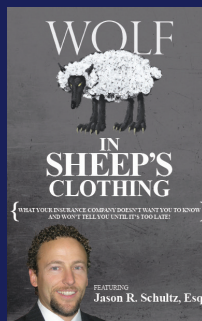
November 2026 – Mark Your Calendars

Nov. 3 — Election Day Nov. 7 — Book Lovers Day Nov. 11 — Veterans Day Nov. 17 — Homemade Bread Day
Nov. 26 — Thanksgiving Nov. 30 — Cyber Monday

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Jason Schultz's newest published book *Wolf in Sheep's Clothing (What Your Insurance Company Doesn't Want You To Know And Won't Tell You Until It's Too Late!)*, walks you through just about every type of consumer insurance policy and teaches you how to buy and make claims under those policies. This book is the definitive consumer guide.

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TBIs can be insidious

A traumatic brain injury (TBI) is defined as a sudden blow, jolt, or penetrating impact that disrupts normal brain function. Falls, auto accidents, sports injuries, and violent acts are some noted causes of TBIs.

TBI harm ranges in severity from mild concussions to permanent physical, cognitive, and emotional impairments. In addition to direct blows to the head, whiplash-like effects can lead to TBIs too. The head snapping forward and backward rapidly sends the brain crashing against the inside of the skull, resulting in bruising and bleeding. Even seemingly minor incidents can cause TBIs.



Accident injuries such as fractures, lacerations, and bruising are immediately obvious, but TBI symptoms might not manifest for hours, days, weeks, or possibly even months. Symptoms can include memory issues; difficulty concentrating; persistent headaches; coordination problems; mood changes; sleep disturbances; and sensitivity to light or noise, among others.

A blow to the head or whiplash should prompt a doctor's appointment for a neurological evaluation. Don't delay. An early medical evaluation can help identify a problem, which can be monitored and treated before it worsens. It also provides clear documentation that connects your injury to the accident/incident if you file a personal injury claim.

Medical gaps are fodder for insurance companies to challenge TBI claims, arguing that your injury had another cause or that it's not as serious as you say. In addition, don't settle an injury claim without hiring a personal injury attorney. Settling before TBI symptoms become apparent — or worsen — disqualifies you from filing or reopening a personal injury lawsuit later.

If you are a victim of negligence, contact our firm. We'll handle all the details and fight for fair injury compensation while you focus on healing. ■

Visit us at **JasonSchultzPC.com**